SELF-SERVICE MEMBER TOOLS

Another way we care for you



DO MORE, MORE EASILY.

With member self-service options, you have anytime, anywhere access to the information and tools you need to make informed decisions and manage your health. It's another way we make it easier for you to use health insurance.

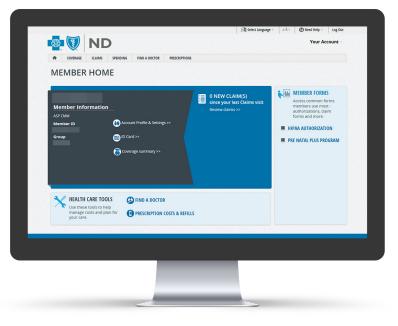
As always, our Member Services team is here to support you. Simply call the number on the back of your ID card Monday - Friday, 8:30 a.m. - 4:30 p.m.

Register today at BCBSND.com

Online Member Services portal

Register at BCBSND.com with your member ID card

- · Access your digital insurance ID card
- Review claims, coverage and status
- Send secure communication with Member Services
- View or print explanation of benefits (EOB) statements
- Update other insurance information



Find a doctor

Available in the Online Member Services portal or BCBSND.com

- Find in-network doctors near you
- Compare costs, location and more
- Find top-quality specialty care
- Compare hospitals by quality measures for the care you need
- Find care around the world with BCBS Global Core

Rx tools

Available in the Online Member Services portal or BCBSND.com

- Find covered prescription drugs and estimates
- Locate a pharmacy
- · Learn about mail order

Member forms

Available in the Online Member Services portal or BCBSND.com

 Access common forms to help manage your health coverage, such as Member Submitted Claims, Authorization to Release Information and Automatic Payment (ACH) Request